



INDIA'S ONLINE LACTATION CONFERENCE

I-OLC 2023

Impacting Communities Together

Registrations Open: 01 Aug 2023
Conference Launching LIVE Session
31 Aug 2023 @ 6:00 pm

- **Excellent sessions by leading speakers from the Indian lactation field**
- Fully online, affordably priced
- 4 LIVE Sessions, 3 modules
- 2 months FULL access
- Self-paced, with individual login
- Interactive discussion board with participants and speakers



Certificate of Completion Awarded

30 CERP and I-LEH Education Hours Available
International Lactation Education Hours (CERPs from IBLCE)
CERP Recognition Number - CL2023-1IN
India Lactation Education Hours (I-LEH)

Continuing Education

Did you miss the conference sessions in 2023?
Contact us to know how you can listen/review to the sessions again.

Contact Details:
Email: connect@beginedindia.com
WhatsApp #: 706.050.0754

Collaborating Partners





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Module 1: Clinical Sessions

From Assessment
to Quality
Lactation Care

Module 1 Launching: 1 Sep 2023

1st LIVE Session: 14 Sep 2023 @ 6:00-7:30 pm

Module 2 Launching: 14 Sep 2023

2nd LIVE Session: 05 Oct 2023 @ 6:00-7:30 pm

Module 2: Practical Sessions

From Knowledge
to Practice

Module 3: Collaboration Sessions

From Collaboration to
Successful Lactation
Outcomes

Module 3 Launching: 05 Oct 2023

Closing LIVE Session: 26 Oct 2023 @ 6:00-7:30
pm

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Conference Sessions

Module 1:
Clinical Sessions

From Assessment
to Quality
Lactation Care

- Holistic Lactation Management in the NICU - **Rashmi Poduval**
- Low Milk Supply, Induced Lactation, Galactagogues - **Dr. Zinal Unadkat**
- Oral Restrictions, Tongue Tie, and More - **Prof Dr. Saravanakumar Kaur Sodhi**
- Skilled Lactation Support First: When are Gadgets Necessary? - **Dr. Roshni**
- Case Discussion: Lactation Support with Tethered Oral Tissues **Dr. Shruti Jayasurya**
- Case Discussion: Galactagogues in Breastfeeding from an Indian Perspective - **Shyamala Sathiaseelan**
- Interview: How Lactation Professionals Support NICU - **Dr. Amit Tagare**
- Interview: Lactation Support from the First Hour - **Dr. Sujata Sawant**

- Understanding Anatomy and Physiology of Lactation - **Dr. Shacchee Baweja**
- Human Milk Composition: Practical Review for the Indian Perspective - **Ojas SV**
- Lactation Support through Complementary Feeding - **Dr. Sushma Malik**
- Supporting Maternal Nutrition during Lactation - **Dr. Surabhi Jain**
- Case Discussion: Latching Review - **Dr. Prachee Shah**
- Case Discussion: Lactation Challenges in the Early Weeks - **Dr. Surabhi Goverdhan Sangwai**
- Case Discussion: Counselling Skills - **Sowndarya R**
- Interview: Lactation Stories from Home Visits - **Aparna Vashisht Agarwal**

Module 2:
Practical Sessions

From Knowledge
to Practice

Module 3:
**Collaboration
Sessions**

From Collaboration to
Successful Lactation
Outcomes

- WHO Code/ IMS Act: Why Does it Matter to Public Health in India? - **Srikanthi Bodapati**
- Communicating with Gravitas - **Dana Hardy**
- Collaborative Lactation Support: Physical Challenges in Mom and Baby - **Dr. Vinodha Vunnam**
- Case Discussion: Skin to Skin After C/S - **Varsha Hariharan**
- Case Discussion: Lactation Support to Transition From Bottle to Breast - **Dia Jadwani**
- Case Discussion: Birth Team Supporting Breastfeeding Outcomes; Collaborating with Birth Team - **Ayisha Chandni**
- Interview: Navigating Cultural Complexities with Lactation Support - **Prachi Tejas Pendurkar**
- Research Study: Understanding Breastfeeding Support/ Pregnancy, Labor Room and At Home - **Nupur Bidla**



INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2023

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Meet the Speakers



Rashmi Poduval

IBCLC, CBS, MSc (Dietetics)



Ojas SV

IBCLC, ACLP, IYCF/ CS, MIYCAN



Sowndarya R

ACLP



Dr. Shacchee Baweja

IBCLC, MBBS, DCH, IYCF
ALPI



Dr. Sushma Malik

IBCLC, MD (Pediatrics), FIAP



Dana Hardy

IBCLC, RN/ BSc, MA, CCE, IYCF/CS
Begin Ed India



Ayisha Chandni

ACLP, IYCF/ CS, AMANI, CCCE,
ICBD



Prof Dr. Saravanakumar

MDS, FISDR, FICD,
DABLS (USA), FIAPD



Dr. Prachee Shah

IBCLC, MD Pediatrics



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Meet the Speakers



Dr. Roshni Kaur Sodhi

ACLP, IBCLC, MBBS, DCH, FCPS, FELLOW
Neonatology (IAP), EQ Coach



Dr. Amit Tagare

MD, DNB (Pediatrics), DCH, DNB
(Neonatology)



Srikanthi Bodapati

IYCF, MSc (Nutrition), PGDPHM



Dr. Zinal Unadkat

IBCLC, MBBS, DCH,
India Coordinator IBLCE



Prachi D Pendurkar

IBCLC, ACLP, Pediatric Sleep Coach,
Babywearing Educator, Author



Dr. Sujata Bhaskar Sawant

ACLP, RN/RM, PhD (MSN), MSc (OB GYN)



Varsha Hariharan

IBCLC, ACLP, RN/RM, CCCE



Shyamala Sathiaseelan

CLP, CLEC, LLLI Leader, MIYCN



Dr. Shruti Jayasurya

ACLP, BDS, MDS (Pediatric Dentistry)



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Meet the Speakers



Dr. Vinodha Vunnam

ACLP, BPT, Childbirth Educator,
CHBE, CD (DONA)



Dr. Surabhi Jain

IBCLC, IYCF/ CS, MIYCN, La Leche Leader



Dia Jadwani

IBCLC, BE, MSc



Aparna Vashisht Agarwal

ACLP, Certified Doula, BA, MSc



Dr. Surabhi Sangwai

IBCLC, ACLP, Pediatrician, IYCN
Expert, ECD provider



Nupur Bidla

IYCF/ CS, PhD Scholar,
Department of Social Work
National Coordinator, BPNI

Conference Price ₹5,500 + GST
Early Bird: ₹4,500 + GST
(Ends 15 Aug 2023)

[Click here to Register](#)



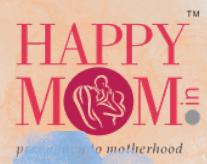
Questions?
Email: team@i-olc.com
WhatsApp#: 706.050.0754



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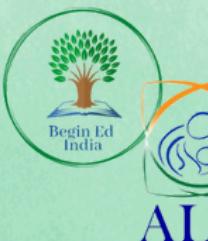
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I-OLC 2023: Speaker Organizations



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I-OLC 2023 SESSION CERP DETAILS

Session Title	Total CERPs	CERP Category
Holistic Lactation Management in the NICU	1.0 L-CERP	I, III, IV, VI, VII
Lactation Support Through Challenges: Low Milk Supply, Induced Lactation, Galactagogues	1.5 L-CERP	II, III, VI, VII
Oral Restrictions, Tongue Tie and More: Review for Lactation Professionals	1.25 L-CERP	III, V, VI, VII
Skilled Lactation Care First: When are gadgets Necessary?	1.0 L-CERP	I, V, VI, VII
Case Discussion: Lactation Support With Tethered Oral Tissues	1.0 L-CERP	III, VI, VII
Case Discussion: Galactagogues In Lactation from an Indian Perspective	1.0 L-CERP	III, V, VI, VII
Interview: NICU Team and Lactation Professionals Collaborating	1.0 L-CERP	V, VI, VII
Interview: Lactation Support from the First Hour	0.50 L-CERP	V, VI, VII
Understanding the Anatomy and Physiology of Lactation	1.50 L-CERP	II, VI, VII
Human Milk Composition: Practical Review for the Indian Perspective	1.5 L-CERP	I, III, IV, VI, VII
Lactation Support Through Complementary Feeding: Practical Points for the Indian Context	1.0 L-CERP	I, V, VI, VII
Supporting Maternal Nutrition During Lactation	1.0 L-CERP	I, V, VI, VII
Case Discussion: Latching Review - Baby to Breast in the early hours of Life	1.0 L-CERP	V, VI, VII
Case Discussion: Lactation Challenges in the Early Weeks	0.50 L-CERP	V, VI, VII
Case Discussion: Counselling Skills: Key Points for Success as Lactation Professionals	1.0 L-CERP	V, VI, VII
Lactation Stories from Home Visits	1.0 L-CERP	V, VII
WHO Code/ IMS Act: Why Does it Matter to Public Health in India? Lancet 2023 BF series Review	1.0 E-CERP	V, VI, VII, Ethics
Communicating with Gravitas: Leading with Courage in the Lactation Profession	1.0 E-CERP	V, VI, VII, Ethics
Collaborative Lactation Support: Physical Challenges in Baby And Mom/ Parent	1.5 L-CERP	I, IV, V VI
Case Discussion: Skin to Skin After C/S to Support BFHI Goals from the Labor Ward	1.0 R-CERP	V, VI, VII
Case Discussion: Lactation Support to Transition From Bottle to Breast	1.25 L-CERP	V, VI, VII
Case Discussion: Birth Team Supporting Breastfeeding Outcomes	1.0 L-CERP	V, VI, VII
Interview: Navigating Cultural Complexities with Lactation Support	1.0 L-CERP	V, VI
Understanding Breastfeeding Support: Pregnancy, Labor Room and At Home	0.5 L-CERP	V, VI, VII
LIVE Sessions: Clinical, Practical and Collaboration Sessions	5 L-CERP	V, VI, VII
TOTAL: 25 Sessions	TOTAL: 30.0 CERPs	