



INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2024

Impacting Communities Together

- Excellent sessions by leading speakers from the Indian lactation field
- Fully online, convenient AND affordably priced
- Self-paced, with individual login
- 4 Interactive Learning Modules
- 4 LIVE Sessions
- NEW Bonus Module: 5 Research Sessions
- 2 months FULL access
- Interactive discussion board with participants and speakers



Certificate of Completion Awarded

OVER 30 I-LEHs and CERPs available

India Lactation Education Hours (I-LEHs)

International Lactation Education Hours (CERPs from IBLCE)

BEI's LTP CERP Recognition #CL2023-1IN

Continuing Education

**Did you miss the conference sessions in 2024?
Contact us to know how you can listen/review to the sessions again.**

Contact Details:
Email: connect@beginedinia.com
WhatsApp#: 706.050.0754

Collaborating Partners



Conference Sessions

Module 1: Clinical Sessions

From Assessment
to Quality
Lactation Care

- Skilled Lactation Care Through Birth Challenges - **Dr. Shacchee Baweja**
- All In a Day's Work: Lactation Support from a Neonatologist's Perspective - **Dr. Swathi Padankatti**
- Infant Feeding Through Neonatal Illnesses - **Dr. Sneha Madasu**
- IVF and Breastfeeding: Impact from Different Perspectives - **Shyamala Sathiaseelan**
- Lactation Success with Laryngomalacia - **Archana Reddy**

Module 2: Practical Sessions

From Knowledge
to Practice

- Trauma Informed Care for Lactation Professionals - **Effath Yasmin**
- Maintaining Work & Life Balance: From a Lactation Professional's Perspective - **Rashmi Poduval**
- Yoga for Breastfeeding: Simple Tools for Lactation Professionals - **Camilla Conti**
- Adoptive Breastfeeding: Nurturing a Non-Gestational Lifelong Bond - **Ojas S. V.**
- Positive Consultation Boundaries: Documentation, Progress Monitoring, and Goal Setting Together - **Parul Mudit Mishra**
- Developing Courage While Supporting Families During Lactation - **Sonia Rai Vaid**
- Enhancing Lactation Through Communication Techniques - **Varsha Satyan**

Module 3: Collaboration Sessions

From Collaboration to
Successful Lactation
Outcomes

- Ethical Foundations for Lactation: Remembering Your WHY - **Dana Hardy**
- Controversies in Human Milk Commercialization - **Dr. Sushma Malik**
- Infant Feeding in Emergency Situations - **Dr. Roshni Kaur Sodhi**
- Social Media Ethics - **Dr. Prachi Gera**
- Learning Through Community: Growing Professionally through Mentorship - **Divya Umashankar**
- Improving Breastfeeding Rates Through Community Lactation Support - **Krushnali Taori**
- Advancing Respectful Maternity Care Through Lactation - **Dr. Payel Biswas**

Conference Sessions

**Module 4:
Research
Sessions**
From Excellent
Lactation Research to
Evidence Base
Practice

- Research Foundations - **Dana Hardy**
- Stress, Depression, and Breastfeeding Patterns: Exploring Associations During COVID-19 - **Dr. Arti Muley**
- Research Stories: Why Does Research Matter to the Lactation Field? **Dr. Nupur Bidla**
- Equity in Lactation: Comprehensive Lactation Care for All - **Aparna Agarwal**
- Human Milk Components: Type 1 & 2 Nutrients - **Vidya P**

I-OLC On the Move

JOIN I-OLC participants around your location and get together for:

- **I-OLC 2024 Watch Party**
 - Launching Session
 - LIVE Sessions
 - Closing Session
- **Clinical Discussions**
- **Connect and network** with other **Lactation Professionals**



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INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2024

Impacting Communities Together

Meet the Speakers



Dr. Shacchee Baweja

IBCLC, MBBS, DCH, IYCF
ALPI Executive Team



Dr. Sushma Malik

IBCLC, MD (Pediatrics), FIAP
Board Director, ILCA &
President, BPNI (Mah)



Dana Hardy

IBCLC, RN/ BSc, MA, CCE, IYCF/CS
Begin Ed India



Dr. Roshni Kaur Sodhi

IBCLC, ACLP, MBBS, DCH, FCPS,
FELLOW Neonatology (IAP),
EQ Coach



Ojas SV

IBCLC, ACLP, IYCF/ CS,
MIYCAN



Rashmi Poduval

IBCLC, CBS, MSc (Dietetics)



Dr. Sneha Madasu

IBCLC, ACLP
MD DNB Pediatrics



Dr. Swathi Padankatti

ACLP, IYCF/CS
DCH, DNB Pediatrics, PGDEpi
Fellowship in Neonatology, MBA
HHSIM,



Camilla Conti

IBCLC,
MA Ed, CCEd, CYT



Effath Yasmin

IBCLC, BCST (ICSB, SWISS), RCST®
(BCTA/NA, USA), BFRP (BACH,UK)



Dr. Nupur Bidla

PhD in Social Work,
National Coordinator, BPNI



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Impacting Communities Together

Meet the Speakers



Divya Umashankar

ACLP, IYCF/CS, MIYCAN, CBE, BE



Dr. Prachi Gera

ACLP, BDS
Certified in Child Nutrition



Varsha Satyan

IYCF/CS, CCE, MIYCN, PHP,
MA, Dip Child Psychology



Krushnali Taori

ACLP, CA, CELE



Aparna Vashisht Agarwal

ACLP, Certified Birth Doula
MSc Environment Economics



Dr Arti Muley

Assistant Professor
Symbiosis School of Culinary Arts and
Nutritional Sciences (SSCANS)



Archana Reddy

IBCLC, CLP, IYCF/CS,
TOTS (WHO)



Dr. Payel Biswas Soo

IBCLC, ACLP, CCLE, CCCBE, IYCF/CS
BPT, MDAM, OBGPT



Sonia Rai Vaid

IYCF/CS
Childbirth Educator, Birth Doula,
Prenatal Yoga Teacher



Shyamala Sathiaseelan

CLEC, CLP, MIYCN, LLLI Leader, Diploma
in Child Psychology, Psychology for
helping professionals



Parul Mudit Mishra

ACLP, IYCF/CS,
Pregnancy Wellness Coach,
Maternal Support Practitioner



Vidya P

MIYCN
Co-Founder of New Mother



INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2024

Impacting Communities Together

I-OLC 2024: Speaker Organizations



Nourish & Nurture



IMPACTING COMMUNITIES THROUGH COLLABORATION

Do you want to be a collaborating organization for I-OLC 2024?

Contact us for more details - connect@beginedindia.com



ALPI

Questions?

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I-OLC 2024 SESSION CERP DETAILS

IBLCE Categories	Total Hours	Session Number
Development and Nutrition	6.25	S2, S3, S9, S15, S24
Physiology and Endocrinology	3.0	S3, S9
Pathology	4.5	S1, S2, S3, S5
Psychology, Sociology, Anthropology	16	S4, S6, S7, S8, S10, S11, S12, S14, S15, S16, S17, S18, S19, S20, S21, S22, S23
Techniques	10.5	S4, S5, S6, S8, S9, S10, S11, S12, S13
Clinical Skills	16.25	S1, S2, S4, S5, S6, S7, S8, S9, S10, S11, S12, S17, S18, S19, S21, S24
Pharmacology and Toxicology	5.5	S1, S2, S3, S9
Ethics	8.25	S7, S13, S14, S15, S16, S18, S19, S20, S23
Research	4.25	S20, S21, S22, S23, S24
WHO Code Review	4.25	S13, S14, S15, S16

Content domain based on the IBCLC Detailed Content Outline

<https://ibclc-commission.org/ibclc-information/detailed-content-outline/>



Collaborating Partners

BEI IBLCE Longterm Providership #CL2023-1IN

- *CERPs: Continuing Education Recognition Points || I-LEHs: India's Lactation Education Hours
- **Please NOTE: The conference is a continuing education event for lactation. This "Certificate of Completion" does NOT certify this person as a Lactation Professional.