



# INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2024 Impacting Communities Together

- Excellent sessions by leading speakers from the Indian lactation field
- Fully online, convenient AND affordably priced
- Self-paced, with individual login
- 4 Interactive Learning Modules
- 4 LIVE Sessions
- **NEW Bonus Module: 5 Research Sessions**
- 2 months FULL access
- Interactive discussion board with participants and speakers



## Certificate of Completion Awarded

**OVER 30 I-LEHs and CERPs** available

**India Lactation Education Hours (I-LEHs)**

**International Lactation Education Hours (CERPs from IBLCE)**

BEI's LTP CERP Recognition #CL2023-1IN

### Continuing Education

### Collaborating Partners

**Did you miss the conference sessions in 2024?  
Contact us to know how you can listen/review to the sessions again.**

**Contact Details:**

**Email: [connect@beginedindia.com](mailto:connect@beginedindia.com)**

**WhatsApp#: 706.050.0754**



## Conference Sessions

### Module 1: Clinical Sessions

From Assessment  
to Quality  
Lactation Care

- Skilled Lactation Care Through Birth Challenges - **Dr. Shacchee Baweja**
- All In a Day's Work: Lactation Support from a Neonatologist's Perspective - **Dr. Swathi Padankatti**
- Infant Feeding Through Neonatal Illnesses - **Dr. Sneha Madasu**
- IVF and Breastfeeding: Impact from Different Perspectives - **Shyamala Sathiaseelan**
- Lactation Success with Laryngomalacia - **Archana Reddy**

- Trauma Informed Care for Lactation Professionals - **Effath Yasmin**
- Maintaining Work & Life Balance: From a Lactation Professional's Perspective - **Rashmi Poduval**
- Yoga for Breastfeeding: Simple Tools for Lactation Professionals - **Camilla Conti**
- Adoptive Breastfeeding: Nurturing a Non-Gestational Lifelong Bond - **Ojas S. V.**
- Positive Consultation Boundaries: Documentation, Progress Monitoring, and Goal Setting Together - **Parul Mudit Mishra**
- Developing Courage While Supporting Families During Lactation - **Sonia Rai Vaid**
- Enhancing Lactation Through Communication Techniques - **Varsha Satyan**

### Module 2: Practical Sessions

From Knowledge  
to Practice

### Module 3: Collaboration Sessions

From Collaboration to  
Successful Lactation  
Outcomes

- Ethical Foundations for Lactation: Remembering Your WHY - **Dana Hardy**
- Controversies in Human Milk Commercialization - **Dr. Sushma Malik**
- Infant Feeding in Emergency Situations - **Dr. Roshni Kaur Sodhi**
- Social Media Ethics - **Dr. Prachi Gera**
- Learning Through Community: Growing Professionally through Mentorship - **Divya Umashankar**
- Improving Breastfeeding Rates Through Community Lactation Support - **Krushnali Taori**
- Advancing Respectful Maternity Care Through Lactation - **Dr. Payel Biswas**



## Conference Sessions

### Module 4: Research Sessions

From Excellent  
Lactation Research to  
Evidence Base  
Practice

- Research Foundations - **Dana Hardy**
- Stress, Depression, and Breastfeeding Patterns: Exploring Associations During COVID-19 - **Dr. Arti Muley**
- Research Stories: Why Does Research Matter to the Lactation Field? **Dr. Nupur Bidla**
- Equity in Lactation: Comprehensive Lactation Care for All - **Aparna Agarwal**
- Human Milk Components: Type 1 & 2 Nutrients - **Vidya P**

## I-OLC On the Move

**JOIN** I-OLC participants around your location and get together for:

- **I-OLC 2024 Watch Party**
  - Launching Session
  - LIVE Sessions
  - Closing Session
- **Clinical Discussions**
- **Connect** and **network** with other **Lactation Professionals**



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# INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2024 Impacting Communities Together

## Meet the Speakers



**Dr. Shacchee Baweja**

IBCLC, MBBS, DCH, IYCF  
ALPI Executive Team



**Dr. Sushma Malik**

IBCLC, MD (Pediatrics), FIAP  
Board Director, ILCA &  
President, BPNI (Mah)



**Dana Hardy**

IBCLC, RN/ BSc, MA, CCE, IYCF/CS  
Begin Ed India



**Dr. Roshni Kaur Sodhi**

IBCLC, ACLP, MBBS, DCH, FCPS,  
FELLOW Neonatology (IAP),  
EQ Coach



**Ojas SV**

IBCLC, ACLP, IYCF/ CS,  
MIYCAN



**Rashmi Poduval**

IBCLC, CBS, MSc (Dietetics)



**Dr. Sneha Madasu**

IBCLC, ACLP  
MD DNB Pediatrics



**Dr. Swathi Padankatti**

ACLP, IYCF/CS  
DCH, DNB Pediatrics, PGDEpi  
Fellowship in Neonatology, MBA  
HHSM,



**Camilla Conti**

IBCLC,  
MA Ed, CCEd, CYT



**Effath Yasmin**

IBCLC, BCST (ICSB, SWISS), RCST®  
(BCTA/NA, USA), BFRP (BACH,UK)



**Dr. Nupur Bidla**

PhD in Social Work,  
National Coordinator, BPNI





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## Meet the Speakers



**Divya Umashankar**

ACLP, IYCF/CS, MIYCAN, CBE, BE



**Dr. Prachi Gera**

ACLP, BDS  
Certified in Child Nutrition



**Varsha Satyan**

IYCF/CS, CCE, MIYCN, PHP,  
MA, Dip Child Psychology



**Krushnali Taori**

ACLP, CA, CELE



**Aparna Vashisht Agarwal**

ACLP, Certified Birth Doula  
MSc Environment Economics



**Dr. Arti Muley**

Assistant Professor  
Symbiosis School of Culinary Arts and  
Nutritional Sciences (SSCANS)



**Archana Reddy**

IBCLC, CLP, IYCF/CS,  
TOTS (WHO)



**Dr. Payel Biswas Soo**

IBCLC, ACLP, CCLE, CCCBE, IYCF/CS  
BPT, MDAM, OBGPT



**Sonia Rai Vaid**

IYCF/CS  
Childbirth Educator, Birth Doula,  
Prenatal Yoga Teacher



**Shyamala Sathiaseelan**

CLEC, CLP, MIYCN, LLLI Leader, Diploma  
in Child Psychology, Psychology for  
helping professionals



**Parul Mudit Mishra**

ACLP, IYCF/CS,  
Pregnancy Wellness Coach,  
Maternal Support Practitioner



**Vidya P**

MIYCN  
Co-Founder of New Mother





# INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2024 Impacting Communities Together

## I-OLC 2024: Speaker Organizations



## IMPACTING COMMUNITIES THROUGH COLLABORATION

Do you want to be a collaborating organization for I-OLC 2024?

Contact us for more details - [connect@beginedindia.com](mailto:connect@beginedindia.com)



Questions?

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