



INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2025

Impacting Communities Together

Registration Opens: 02 Aug 2025

Conference Launching LIVE Session: 28 August @ 6:00 pm



- Excellent sessions by leading speakers from the Indian lactation field
- Fully online, convenient AND affordably priced
- Self-paced with individual login
 - 4 Interactive Learning Modules
 - 5 LIVE Sessions
 - 2 months of full access
 - Interactive discussion board with speakers and participants
 - On the Move Events to meet in regional sites

Certificate of Completion Awarded

OVER 25 I-LEHs and CERPs available

India Lactation Education Hours (I-LEHs)

International Lactation Education Hours (CERPs from IBLCE)

Begin Ed India's LTP CERP Recognition #: CL2023-1IN

Continuing Education

Collaborating Partners

Did you miss the conference sessions in 2025?
Contact us to know how you can listen to/review the sessions again.

Contact Details:
Email: connect@beginedinia.com
WhatsApp#: 706.050.0754



Questions?
Email: team@i-olc.com
WhatsApp#: +91/ 706.050.0754

Module 1: Clinical Sessions

From Assessment to Quality Lactation Care



S1 - Lactation Rounds: Supporting Families Before Discharge

- Dr Shacchee Baweja
- IBCLC, MBBS, DCH, IYCF/ CS
- ALPI Executive Team



S2 - Overcoming Infant Hypoglycemia with Skilled Lactation Support

- Dana Hardy
- IBCLC ACLP CCE IYCF/ CS MA BSc/ BSN
- Begin Ed India, Executive Director
- ALPI, Executive Team

S3 - Lactation Interviews for Hypoglycemia



Dr Swathi Padankatti

ACLP, IYCF/CS, DCH, DNB Pediatrics,
HHSM, MBBS, MBA, MNAMS, PGDEpi,
Fellowship (Neonatology)
ALPI AC II Committee



Dr Anjali Raj

ACLP,
Neonatologist



Archana Reddy

IBCLC, CLP, IYCF/CS,
MIYCAN, TOTS (WHO)
ALPI Regional Coordinator



Dr Sandeep Paimode

ACLP,
Pediatrician



S4 - Case Discussion: Supernumerary Nipple/ Accessory Nipple

- Dr Swathi G T (PT)
- ACLP, IYCF/ CS, BPT, Women's Health Physiotherapist
- ALPI AC I Committee



S5 - Breastfeeding Through Mastitis: Mastitis Spectrum Review

- Ojas SV
- IBCLC, ACLP, IYCF/ CS, MIYCAN, MSc, JRF (IISER), BSc (Zoology)
- ALPI AC I Committee



S6 - Case Discussion: Painful Breastfeeding and Slow Weight Gain in Infants

- Dr Surabhi Goverdhan Sangwai
- IBCLC, ACLP, IYCF/ CS, DPSM, Pediatrician, MBBS, DCH
- ALPI AC II Committee



S7 - Hormonal Disorders and Lactation Support

- Dr Rhea Manish Lalwani
- IBCLC, ACLP, OB Gynac

Module 2: Practical Sessions

From Knowledge to Practice



S8 - Applying Principles of Cognitive Behavioural Therapy (CBT) to Lactation Counselling

- **Rashmi Poduval**
- IBCLC, CBS, CBT Practitioner, MSc Health Science (Dietetics)
- ALPI AC I Coordinator



S9 - Breastfeeding Practices Across Cultures: Lessons and Challenges for Lactation

- **Ayisha Chandni**
- ACLP, CCCE, ICBD, IYCF/ CS, CVD, CIM, AMANI, M.S, BA
- ALPI AC II Committee Coordinator



S10 - Professional Communication Skills for Lactation

- **Archana Reddy**
- IBCLC, CLP, IYCF/ CS, MIYCAN, TOTS (WHO)
- ALPI Regional Coordinator (South)



S11 - Improving Lactation by Supporting the Nervous System

- **Effath Yasmin**
- IBCLC, BCST (ICSB, SWISS), RCST® (BCTA/ NA, USA), BFRP (BACH, UK), CLEC (USA), MA, HDSE
- Nourish & Nurture | Mumbai



S12 - Neonatal Nutrition Review for Lactation Professionals

- **Pooja Marathe**
- ACLP, IYCF/ CS, BFHI National Assessor, MBA, Nutritionist (Child & Pregnancy)
- ALPI Regional Coordinator (South)



S13 - Case Discussion: Exploring Use of Nipple Shields in Breastfeeding

- **Dia Jadwani**
- IBCLC



S14 - Antenatal Classes for Lactation Success

- **Shanta Borkar**
- ACLP
- Embryologist, Fertility Counselor, BSc (Chemistry), MS (Psychotherapy)

Module 3: Collaboration Sessions

From Collaboration to Successful Lactation Outcomes



Dr Roshni Kaur Sodhi
IBCLC, ACLP, MBBS, DCH,
FCPS, FELLOW Neonatology
(IAP), EQ Coach
ALPI Advisory Team



Dr. Madhuri Engade
MD (Pediatrics),
KEM Mumbai



Divya Umashankar
ACLP, IYCF/ CS, MIYCAN,
CBE, BE
ALPI Advisory Team



Dr Tarun Joseph
MBBS, MSOG,
Dip. Advanced Laparoscopy



Dr Vijaya Krishnan
ACLP, CPM, DPT, LCCE, FACCE,
Director at The Sanctum (Natural
Birth Center)



J. Eugine Sagaya Rani
Certified Breastfeeding
Specialist, RN, RM

S15 - Part I: Infant Challenges with GI Issues
Part II: Skilled Lactation Care Through GI Issues



S18 - Case Discussion: Supporting the Journey Back to the Breast

- Krushnali Taori
- ACLP, Infant Massage Educator
- CA



S19 - Supporting Lactation through National Collaboration

- Dr Nupur Bidla
- PhD in Social Work
- National Coordinator, BPNI

S20 - Stakeholders Panel: Collaborating for Improved Lactation Outcomes



Dr Parikshit Tank
MD DNB FCPS DGO DFP
MNAMS FICOG FRCOG



Dr Upendra Kinjawadekar
MD DCH FIAP



Dr. Suman Rao PN
MBBS, MD (Pediatrics), DM
(Neonatology)



Dr. Shacchee Baweja
IBCLC, MBBS, DCH, IYCF/ CS,
ALPI Executive Team



Dr Roshni Kaur Sodhi
IBCLC, ACLP, MBBS, DCH, FCPS,
FELLOW Neonatology (IAP), EQ
Coach
ALPI Advisory Team

Module 4: Research and Ethics Sessions

From Excellent Lactation Research to Evidence Base Practice



S21 - AI Powered Lactation Support: An Ethical Guide for Lactation Professionals

- **Dr Swathi Padankatti**
- ACLP, IYCF/ CS
- DCH, DNB Pediatrics, HHSM, MBBS, MBA, MNAMS, PGDEpi, Fellowship (Neonatology)
- ALPI Action Committee II



S22 - Research Review: ANC Counseling to Improve Early Initiation and EBF Rates in Ahmedabad

- **Dr Nirmika Patel**
- IBCLC, MBBS, MD (Community Medicine)
- GMERS Medical College (Sola, Ahmedabad)



S23 - Research Review: Utilizing Data for Decision Making in Lactation

- **Sowndarya Rajendran**
- ACLP, BE Biotech, PGDBI, PGPDS



S24 - Multi-Generational Evolution of Breastfeeding

- **Varsha Satyan**
- IYCF/ CS, CCE, MIYCN
- PHP, MA, Dip Child Psychology



S25: Ethical Excellence in Lactation Support: Guiding Principles for Compassionate Care

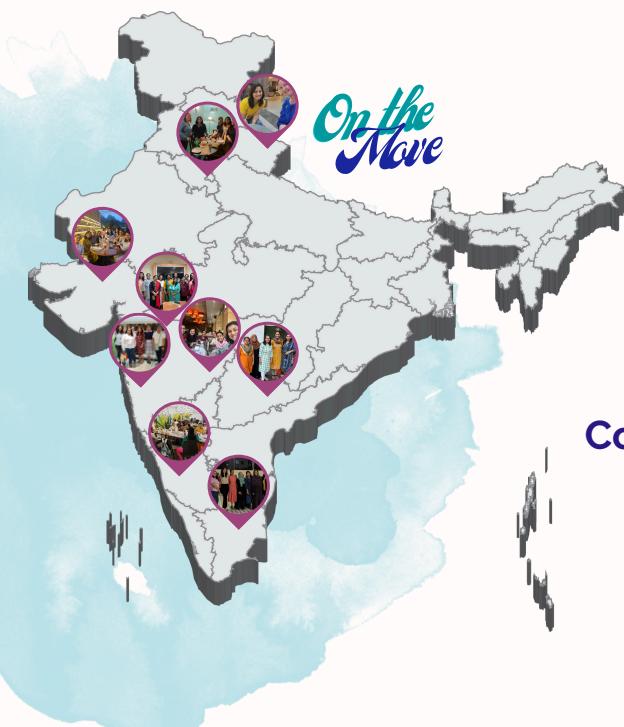
- **Dr Payel Biswas Soo**
- IBCLC, ACLP, CLE, CCCE, CCLE, CCCBE, IYCF/ CS
- BPT, MD (Alt Med), OBGPT

Continuing Education

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I-OLC On the Move



JOIN I-OLC participants around your location and get together for:

- **On the Move Events (In person and virtual)**
- Connect and **network** with other **Lactation Professionals**
- **Clinical Discussions**

**Contact the I-OLC Team if you are interested.
We will connect you with the I-OLC Coordinator nearest you.**



Questions?

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INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2025

Impacting Communities Together

Registrations Open: 02 Aug 2025
Conference LIVE** Launching Session
28 Aug 2025 @ 6:00 pm

All **LIVE Sessions will be hosted on **Google Meet**.
The link will be shared with all registered participants.

Module 1:
Clinical Sessions

Module 2 Launching: 10 Sep 2025

LIVE Session 2:** 11 Sep 2025 @ 6:00-7:30 pm

Module 3 Launching: 24 Sep 2025

LIVE Session 3:** 25 Sep 2025 @ 6:00-7:30 pm

Module 2:
Practical Sessions

Module 3:
Collaboration
Sessions

Module 4 Launching: 08 Oct 2025

LIVE Session 4:** 09 Oct 2025 @ 6:00-7:30 pm

LIVE Session 5 and Conf Closing:**
30 Oct 2025 @ 6:00-7:30 pm

Module 4:
Ethics and
Research Sessions



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INDIA'S ONLINE LACTATION CONFERENCE I-OLC 2025

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I-OLC 2025:

Speakers' and Participants' Organizations



Nourish & Nurture



Lactation and Birthing Support By Aparna



IMPACTING COMMUNITIES THROUGH COLLABORATION

Do you want to be a collaborating organization for I-OLC 2026?

Contact us for more details - team@i-olc.com



Questions?

Email: team@i-olc.com

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I-OLC 2025 SESSION CERP DETAILS

IBLCE Categories	Total Hours	Session Number
Development and Nutrition	12.75	S2, S3, S4, S5, S6, S10 - S20, S22, S24
Physiology and Endocrinology	2.5	S6, S14, S15
Pathology	5.5	S2, S3 - S6, S14, S15
Psychology, Sociology, Anthropology	3.0	S10, S14, S15,
Techniques	18.0	S1-S4, S6 - S24
Clinical Skills	19.5	S1 - S24
Pharmacology and Toxicology	13.5	S1 - S6, S11 - S20, S22, S24
Ethics	1.75	S20, S22, S24
Research	2.0	S10, S21, S22
WHO Code Review	2.0	S2, S24

Content domain based on the IBCLC Detailed Content Outline
<https://ibclc-commission.org/ibclc-information/detailed-content-outline/>



BEI IBLCE Longterm Providership #CL2023-1IN

- *CERPs: Continuing Education Recognition Points || I-LEHs: India's Lactation Education Hours
- **Please NOTE: The conference is a continuing education event for lactation. This "Certificate of Completion" does NOT certify this person as a Lactation Professional.